

Hi Everyone

Here is another update: 03.06.2020

Wendy & I are still working from home and continually looking at what services we are going to be offering under the new normal.

We have both been involved in online learning and this has prompted us to look at new ways of delivering our services.

On our website we offer registration for Not for Profit Organisations, Groups & Clubs.

We also have new volunteers register their interests, skills and experience.

We encourage Not for Profits to list their volunteer vacancies (roles) with us and we then match the skills of the volunteer with the roles that require people with those skills and refer these new people to the vacancy.

This has been evolving for the last year and it is going well.

We are hoping that the move to COVID Level 2 and the further relaxation of rules will enable more to register their vacancies so that we can match more people on our register.

So please everyone to let us know what you need volunteers to help you with – the forms are not hard, however if you are not sure we can help by talking with you to get this completed – so please talk with us about your needs.

Do you have time for a VIRTUAL COFFEE ZOOM? –Would you be interested in a Manager's catch up – (like our Starbucks meetings) Theme “.YOU ARE NOT ALONE (As one of 18 Volunteer Centres throughout the country – since lockdown we have weekly zoom meetings and they are invaluable) -- So **Wednesday 10th June at 9.30am for 30 mins** - If you are interested please email me:

manager@volunteeringnewplymouth.nz by 4pm Friday 5th June to be included and receive an invite to the meeting.

If you haven't been involved in a zoom meeting before let me know that too and I can talk you through this beforehand .

Looking forward to hearing from you

National Volunteer Week is June 21st – 27th, 2020.



National Volunteer Week is a time when we acknowledge our valuable volunteers and arrange activities to support our Organisations and Volunteers. This year we doing things differently (as I hope you understand) I have been talking with Angela Solomons from Taranaki Community Law and we are going to co-host a zoom session on “**Privacy and Contact Tracing**” this will be held on Tuesday June 23rd, 2020 at 10.30am. Live at your place. To join this session we need you to contact us with the email address that you want to use to be part of the session and we will send you an invite.

Also we are putting out a call to name those special volunteers who:

“**Worked tirelessly during COVID -19 lockdown**”

“**Retiring Volunteers**” (due to COVID-19)

We are celebrating #NVW 2020 by producing A Volunteering New Zealand / Volunteering New Plymouth “COVID-19 Certificate of Appreciation”

We need you to give us the names of those volunteers. Please email us with their name, the Organisation / Group / Club that they volunteer for and a few details about what they were doing. We will prepare these certificates and send them to the nominators during National Volunteer Week for Sharing. We need names sent to

admin@volunteeringnewplymouth.nz by 1pm on June 11th, 2020.



In previous years we have held our Annual Volunteer Recognition Awards during this week – due to COVID -19 we have postponed this until: December 5th, 2020 which is International Volunteer Day

Nominations are open to all Organisations / Groups / Clubs and criteria are listed on the forms. Each Not for Profit can have nominations in more than one category – check out the categories and a new one this year to reflect our International Volunteers Day will be “International Volunteer” (Migrant to New Zealand)” The criteria is still being worked on and will be online next week.

The nominations are open now and forms available to download from our website www.volunteeringnewplymouth.org.nz or a printed copy can be posted – by contacting the office on 06 758 8986 or 027 541 0577 . Nominations close at 4pm Wednesday November 11th, 2020 - do it now – we already have the first one, take the deadline pressure off yourself and do it early.

Yes that is the event date which we usually have our celebration of Volunteers and our “International Volunteers Day Thank You Lunch” at New Plymouth Club – this year we are going to be doing things differently and we will have a new event to say thank you early in the New Year - yes we are committed to Thanking Our Community Volunteers. So watch this space...

Till next time, stay safe and:

Below are some interesting pieces of information from Red Cross

Psychological First Aid

Psychological First Aid training will help you better support the people in your life, particularly in times of crisis like COVID-19. Based on World Health Organisation guidelines, our courses have been developed in collaboration with the Ministry of Health and leading specialists in New Zealand. This training will help you to understand your own responses and how to manage them, as well as how to support the people in your life.

- To help you help others, our pre-recorded Psychological First Aid during COVID-19 webinars are available for you to [watch free online in your own time](#).
- You can also book into our live [Stress and Wellbeing](#) and [Psychological First Aid](#) online courses to get an interactive learning experience, for a small fee.
- Download our Psychological First Aid guidance for supporting [adults](#), [children](#) and [older people](#). More information on how to talk to your tamariki about COVID-19 [can be found here](#).
- You can also download the New Zealand Red Cross First Aid app for being prepared if there is a first aid incident in your bubble (all content is based on NZQA-certified first aid training).
- Our [Psychological First Aid during COVID-19 guide](#) is a resource to get you started. It explains key strategies that you can use to better support those around you, and where to go to get more help. It's designed as a companion to our free online courses.
- Download our [Psychological First Aid during COVID-19 guide](#).

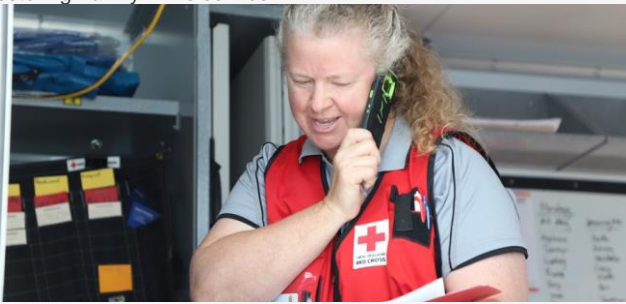
[View our free pre-recorded Psychological First Aid during COVID-19 webinars here](#)



<https://www.redcross.org.nz/stories/new-zealand/looking-after-yourself-and-others/>

COVID-19 - Looking for missing family members

New Zealand Red Cross is offering to support families who have lost contact with each other following COVID-19 pandemic through our Restoring Family Links service.



New Zealand Red Cross is offering to support families who have lost contact with each other due to the COVID-19 pandemic by checking on their health and wellbeing through our [Restoring Family Links service](#), if other means of contact are not available.

Currently this is for international inquiries only where people in New Zealand have lost contact with family overseas or someone overseas has lost contact with family in New Zealand.

As New Zealand has moved into Alert Level 4, most Kiwis are now living in self-isolation and social interactions are affected, so Red Cross' Health and Welfare checks services could become the only way for families to find out the health status of loved ones.

"[Restoring Family Links](#) service is one of Red Cross' oldest services and leverages the organisation's global network of 191 other Red Cross Red Crescent national societies around the world to find missing people. We have a long history of helping loved ones separated by conflict and disaster. With the new measures put in place by the NZ Government and most of the country going into self-isolation, New Zealand Red Cross can and will provide additional support to the community," says Rachel O'Connor, General Manager Migration.

Red Cross' Health and Welfare checks can be used by Kiwis who have recently lost contact due to COVID-19 and other illnesses with family members overseas, as well as people currently overseas who have lost contact with family members in New Zealand due to COVID-19 and other illnesses. A service model for domestic health and welfare requests is not within the scope of this service at this time.

When people have used all other means of communication to reach their loved ones, including by phone, email, social media or mutual family or other contacts in the foreign country, New Zealand Red Cross is there to help trace family members.

"If all usual means of communication fail, New Zealand Red Cross can help. We are here, ready to trace family members to report on the health and wellbeing of people in New Zealand to families overseas, but also to work with our Red Cross and Red Crescent colleagues around the world to seek answers for Kiwis here in what can be a very difficult and stressful time."

People whose contact with family members overseas has stopped unexpectedly can apply for assistance [on our website](#). When an enquiry is made overseas about contact lost with a person in New Zealand, we encourage people to make their enquiry through the local Red Cross Red Crescent national society who will contact New Zealand Red Cross. In the event where our colleagues overseas are unable to deal with the request, people can contact New Zealand Red Cross directly. We will then try to trace the missing person and make contact them via phone or within measures implemented by the NZ Government.

"The new measures and way of living around the globe, along with the risk of COVID-19, will feel like stressful and uncertain times for many of us, but New Zealand Red Cross is working as hard as possible to bring certainty around the health status of sick family members. While the way we go about our normal work and programmes at New Zealand Red Cross may be changing, our commitment to humanity and Kiwis hasn't. We are here for good."

[Apply for Restoring Family Links assistance](#)

NEW ZEALAND RED CROSS
KŌHĀ WHERO AOTEAROA

COVID-19
we are united

HAVE YOU LOST CONTACT?

Are you in New Zealand and have lost contact with a family member overseas due to COVID-19? Or are you overseas and have lost contact with family in New Zealand due to COVID-19?
New Zealand Red Cross can help!

We offer support to families by checking on their loved ones' health and welfare, through our Restoring Family Links service.

STEP 1 Use usual means of communications
Try to reach your family member using all means of communications, including by phone, email, social media or mutual family or other contacts in the foreign country.

STEP 2 If you are in New Zealand
Go to [redcross.org.nz/RFL](#) and request a Health and Welfare report. We will contact you to ask for some more information. We will then use our international network to report on their health and welfare.
If you are outside of New Zealand
Contact your local Red Cross or Red Crescent Society. In the event where our colleagues overseas are unable to deal with the request, people can contact New Zealand Red Cross directly at [redcross.org.nz/RFL](#).

STEP 3 Locate news of your family member
We will then try to get in contact with the family member to report back on their health and welfare.

For more information visit [redcross.org.nz](#)

<https://www.redcross.org.nz/stories/new-zealand/covid-19-looking-missing-family-members/>