



AGE CONCERN TARANAKI

What's On

August 2025

New Plymouth - Bell Block

AQUA WALKING Tuesday Dates : 5th, 12th, 19th, 26th

The Methanex Aquatic Centre - 10 Murray St Bell Block. Come along for great fun, fitness & exercise to the BEST music. Good for strength and balance. Cost \$4 pp. 10 am - 11 am
For registration and interest please contact Pauline ph 06 759 9196

WARM UP WEDNESDAY 9.30 - 11.30 am 13th and 27th August

Held at 33 Liardet St NP. "Warm up "with us to some great tunes, movement and fun, while you enjoy some delicious hot soup and toast at 33 Liardet Street New Plymouth. Gold coin donation.

DROP IN CAFÉ /SOCIAL MORNINGS Thursday 7th, 14th, 21st, 28th

All held from 9.30 am – 11.30 am at 33 Liardet St New Plymouth. This is a wonderful opportunity to meet people, make friends, connect with other over morning tea.

Special Dates from the above:

7th August Meals Tastings and Demonstration

28th August Daffodil Day here at 33 Liardet Street .

Proceeds to The Cancer Society.

OUTING

Wednesday August 20th 2025 Today we meet at Simply Devine Café

1281 Egmont Road, Egmont Village. 11.30 am Full menu option.

Please express your interest for this to Pauline or phone our office 06 759 9196

MENS GROUP Monday 18th August Morning Tea and Movie from 10 am

Today our men will be hosting our ladies at this event. All Welcome.

Contact:

Pauline Julian - Age Connect Service Coordinator North Taranaki

Office Hours: 9.30 am - 1.30 pm Mon - Fri 06 759 9196

Events calendar www.ageconcerntaranaki.org.nz